

# WELCOME

AFTER GRADUATING WITH A BACHELOR OF ARTS AT THE THIRD BEST FASHION SCHOOL IN THE COUNTRY, I COULDN'T SAY I WASN'T EXCITED TO GET STARTED IN 'THE REAL WORLD.' HOWEVER, AFTER 6 LONG MONTHS OF ENDLESS JOB SEARCHING AND CONTEMPLATING MY LIFE IN GENERAL, ALL THE DREAMS I HAD SEEN FOR MYSELF SEEMED TO CRUMBLE IN THE BACKGROUND OF MY MUNDANE EXISTENCE. ON AN IMPULSE DECISION, AND VERGE OF A QUARTER-LIFE CRISIS I DECIDED TO BOOK A ONE-WAY TRIP TO THE CHEAPEST COUNTRY IN EUROPE I COULD FIND. TWO WEEKS LATER, I WAS ON MY WAY TO COPENHAGEN, WITH TWO CARRY-ONS AND NOT A CLUE TO WHAT I WOULD FIND OR DO ONCE I GOT THERE. LITTLE DID I KNOW, IT WOULD LEAD ME TO MORE ADVENTURES, FRIENDS, AND FREEDOM THAN I COULD HAVE EVER DREAMT OF. EVEN THOUGH I WAS SO SURE I WOULD CHICKEN OUT, GET HOMESICK AND BE BACK IN MY COMFORTABLE SIMPLE ROUTINE IN TWO WEEKS TIME, MY TRIP ENDED UP LASTING OVER 6 MONTHS. AND WHETHER I WAS IN LONDON OR SOME SMALL SNOWED IN VILLAGE DEEP IN THE NORTH OF DENMARK, ONE TOPIC KEPT COMING UP IN ALL OF MY CONVERSATIONS.

HOW TO LEAD AND LIVE A MORE SUSTAINABLE ORGANIC LIFESTYLE IN ALL ASPECTS OF OUR LIVES. THESE CONVERSATIONS WERE SO INSIGHTFUL AND POWERFUL THAT I VOWED TO LIVE A SUSTAINABLE LIFESTYLE NOT ONLY IN MY DAILY LIFE, BUT IN MY PROFESSION, ART, AND TRAVEL.

